



Baystate
Health

+ **Marvin**



Behavioral health teletherapy

for all Baystate Health employees



Confidential Services

Provided outside of your organization with Marvin therapists

Specialized Treatment

Therapists focus on specific challenges in the healthcare environment

Quick & Flexible Availability

Fast matching, guaranteed 24/7 appointments

Billed Through Your Insurance

Works with all insurance plans. There is no cost for BH-HNE plan members.

meetmarvin.com/baystate



Marvin

Marvin Overview

Marvin is the first virtual behavioral health practice made specifically for physicians, nurses, residents and all other employees of healthcare institutions. Our mission is to end the one-size-fits-all approach to behavioral health, designing a unique treatment plan for each person, and providing culturally-adept care that best meets their needs.

How does Marvin help you?

Marvin provides strategies and effective clinical mental strategies for healthcare workers by addressing employee burnout, mood disorders, goal setting and other skills. Services include 1:1 teletherapy with specialty-trained therapists, group teletherapy around hospital-specific topics, and CBT-based tools to build new mental health skills. More than 80% of Marvin sessions occur during nights and weekends, and all sessions are 100% confidential.

How do I sign up?

Sign up is easy! Simply access your specific site page, and fill out our 1-min registration form. Start by going to www.meetmarvin.com/baystate.

What happens after I sign up?

1. Marvin will complete a benefits check on your insurance..
 - a. If you are enrolled in a BH-HNE Medical, there is no cost for these telehealth services. However, you will still be required to complete the benefits check during registration.
 - b. If you do not have medical coverage through Baytsate, Marvin will conduct a benefits check and confirm your payment obligations (if any) prior to your first appointment.
 - c. For any Marvin billing questions please contact Davia@meetmarvin.com
2. You will be matched with a therapist based upon your preferences for their background or demographics, your availability, and your goals for the therapeutic relationship.
3. Marvin will schedule your initial set of therapy sessions and send you your personal Marvin access link. Your confirmation email will include session details and a set of digital calendar invitations to mark your upcoming session times.

**Please note, there is a fee for late cancellations and no shows.*

For further information please reach out to: www.meetmarvin.com/baystate

We look forward to working with you on your journey.