Objectives
In addition to having unique health issues, women can experience some conditions and treatments differently than men. This conference will provide practical information for the primary care practitioner on the diagnosis and treatment of selected conditions in women.

By participating in this program you should be able to:

1. Discuss the causes and types of sleep disorders in women and strategies for managing them.
2. Describe the factors that contribute to the development of cardiovascular disease in women and strategies for prevention.
3. Discuss the pharmacological and nutritional management of heart and vascular disease in women.
4. Discuss guidelines for the use and interpretation of Pap and HPV screening, counseling patients, and referring to a specialist.
5. Describe the tools for screening for depression in women and strategies for management.
6. Discuss the efficacy of supplements and dietary strategies used for weight loss.
7. Describe endocrine disorders in women frequently seen in primary care and treatment options.
8. Discuss treatment options for headaches in pregnant or breast-feeding women.
9. Identify medications that may alter the effect of birth control methods.
10. Discuss evidence-based use of nutritional supplements, including risks, benefits, and potential interactions.
11. Discuss costs related to various treatment options.
12. Describe strategies for improving perception and connection in patient-practitioner communication, including active listening and nonverbal communication.

Program

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00</td>
<td>Registration, Exhibits, and Light Breakfast</td>
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<tr>
<td>8:25</td>
<td>Introduction</td>
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<tr>
<td>8:30</td>
<td>Contemporary Topics in Neurology</td>
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<tr>
<td>9:20</td>
<td>Cardiovascular Disease in Women: Prevention and Medical Management</td>
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<tr>
<td>10:50</td>
<td>Coffee Break and Exhibits</td>
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<tr>
<td>11:10</td>
<td>Women and Depression: Screening and Management in Primary Care</td>
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<tr>
<td>12:00</td>
<td>But I Didn’t Say Anything! Perception and Connection in Patient-Practitioner Communication</td>
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<tr>
<td>12:30</td>
<td>Lunch</td>
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<tr>
<td>1:20</td>
<td>Dazed and Confused: Pap and HPV Screening in Primary Care</td>
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<tr>
<td>1:50</td>
<td>Contemporary Topics in Endocrinology for Women</td>
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<tr>
<td>3:00</td>
<td>Stretch Break</td>
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<tr>
<td>3:10</td>
<td>Supplements: The Good, the Bad and the Ugly</td>
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<tr>
<td>4:30</td>
<td>Adjourn</td>
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</tbody>
</table>

Course Code: WH15S1104

Registration

Enter your CE ID number in one of the boxes to the right. Use your CE ID number to register for courses, access your CE transcript/credits, and confirm your registration.

Mail To:
Baystate Continuing Interprofessional Education
361 Whitney Ave, Holyoke, MA 01040

If you are not a Baystate employee or attending physician, your CE ID number is:

A. First initial of your first name
B. Birthday month and day (2 digits each May 7 = 0507)
C. Last four digits of social security number

For Baystate employees or medical staff members:
Your CE number is your EN or PN number

For your security, we do not accept credit card payments by FAX or mail. We accept credit card payments on our 128-bit encrypted website available at learn.bhs.org.

We do not store your full credit card number in this system.

Women’s Health: Pearls for Practice

November 4, 2015
The Log Cabin
Banquet & Meeting House
House, Holyoke, MA

Baystate Health
Together we deliver a higher state of care.
Baystate Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

PHYSICIANS
Baystate Health designates this live activity for a maximum of 6.75 AMA PRA Category1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES
This activity carries a maximum of 6.75 contact hours.

PHARMACISTS
This activity (ACPE UAN 0861-0000-15-005-L05-P) carries a maximum of 6.75 contact hours.

ACOG
Application has been made for ACOG cognate credits.

APPROPRIATE FOR STUDY OF PHARMACOLOGY AND RISK MANAGEMENT

CRITERIA FOR SUCCESSFUL COMPLETION:
To receive credit for attendance a participant must sign the registration roster at the front desk and complete an evaluation form and post-test. If a participant leaves before the end of the conference a credit record grid specifying the sessions attended must be completed and credit will be prorated accordingly.

Location
This program will take place at The Log Cabin, 500 Easthampton Road, Holyoke, MA 01040. The Log Cabin phone number is 413-535-5077.

DIRECTIONS
From the Mass Pike: Take Exit 4 to I-91 North. From I-91, take Exit 17B to Route 141 West. The Log Cabin is two miles ahead on the left. From the North: Travel South on I-91. Take Exit 17 to Route 141 West. (Going toward Easthampton). The Log Cabin is two miles ahead on the left. From the South: Travel North on I-91. Take Exit 17B to Route 141 West. The Log Cabin is two miles ahead on the left.

There is no charge for parking.

OVERNIGHT ACCOMMODATIONS
Please go to learn.bhs.org and click on the Directions and Lodging link. The list includes amenities and contact information for the overnight lodging options close to the course locations.

SPECIFIC AIDS OR SERVICES
Please call Baystate Continuing Interprofessional Education at 413-322-4242 if, under the Americans with Disabilities Act, you require specific aids or services during your visit to this continuing education program. For additional course listings and your transcript go to learn.bhs.org

YOUR COMFORT
Meeting Room temperatures will fluctuate. Please dress in layers and bring a sweater.

Registration
REGISTRATION & TUITION INFORMATION:
Includes continental breakfast, refreshment break and lunch; there is no charge for parking.

You can register two ways:
By credit card online at learn.bhs.org
Wait for the calendar to load; choose the course you will attend, add it to your shopping cart and follow the registration and credit card payment instructions.

By mail with a check
Complete the registration form attached to the course flyer and mail it with a check for the full course fee payable to:
Baystate Health Continuing Interprofessional Education 361 Whitney Avenue Holyoke, MA 01040
Remember to include the course name and date on your check.

Through October 21, 2015
Online: $105
After October 21, 2015
Online $115

Mail With Check: $125

CANCELLATIONS:
If you must cancel, notify Baystate Continuing Interprofessional Education by telephone at 413-322-4242 at least 10 business days before the program date and follow up with a written FAXED to 413-322-4259 and may be preceded by a telephone call to 413-322-4242. There is a $25 administration fee for cancellation received at least 10 business days before the program date. There are no refunds for cancellation requests received later.