



Falls Prevention Initiative (F.P.I.)

Falls Screening Questions

Patients 55 years and older

1. Have you had a fall in the past year?

Yes No

Were you injured?

Were you brought to the hospital?

2. Do you feel unsteady when you:

Yes No

Get up?

Try to remain standing?

Try to sit?

Walk?

3. Do you have a fear of falling?

Yes No

* If the patient answers **YES to any of the above questions**, recommend referral to P.T.

*Please see reverse side for
Baystate Rehabilitation Care scheduling.*

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CS13608

PHYSICAL THERAPY

- **Falls:** Falls Prevention
- **Gait Disorder:** Gait Analysis
- **Decreased balance:** Balance assessment and training
- **Weakness:** Therapeutic strengthening exercise with instructions for home exercise

To make an appointment at any Baystate Rehabilitation Care location, call:
413-794-5600 (option 3-Rehabilitation)

LOCATIONS

200 Silver Street | Suite 101
Agawam, MA 01001
413-794-3004 | Fax: 413-786-0463

21 Dwight Road
Longmeadow, MA 01106
413-795-5597 | Fax: 413-795-5756

48 Sanderson Street
Greenfield, MA 01301
413-773-2227 | Fax: 413-773-2510

40 Wright Street
Palmer, MA 01069
413-370-5254 | Fax: 413-370-5570

470 Granby Road
South Hadley, MA 01075
413-794-9920 | Fax: 413-794-9927

360 Birnie Avenue
Springfield, MA 01199
413-794-1600 | Fax: 413-787-5405

76 Main Street
Westfield, MA 01085
413-831-7919 | Fax: 413-831-7968

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