



# SUMMERTIME SAFETY

Summertime means fun for kids out of school, but spending more time outdoors can put them at risk for both simple and traumatic injuries.

## DROWNINGS

Children can get into trouble in seconds when around water. Parents need to actively supervise, keeping their eyes on their kids at all times.

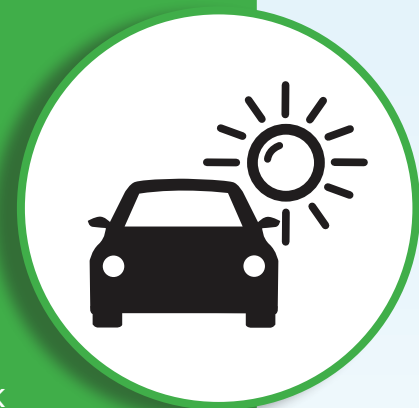
- Swim in designated areas supervised by lifeguards.
- Swim with a buddy.
- Surround your pool or spa on all four sides with a fence at least 4 feet high with self-closing, self-latching gates.



## HOT CARS

It is never okay to leave a child alone in a car for any reason. As temperatures begin to heat up, kids are at serious risk for heat stroke when left alone for only a few minutes in a closed vehicle.

- Keep doors locked when parked to prevent curious children from entering when no one is around.
- If possible, put your child's car/booster seat in the middle of the back seat and visible in your rearview mirror.
- Put your purse, phone or bag in the back seat so you will check the back seat when you arrive at your destination.



## WINDOW FALLS

Falls are the leading cause of injury to kids year-round, and especially in summer. Open windows can lead to serious injuries.

- Screens are not enough to protect kids from falls. Whether you live in a high rise or a single family home, children must be protected by installing window guards.
- Keep windows locked when they are closed, and keep furniture away from windows so kids can't climb to the ledge.

