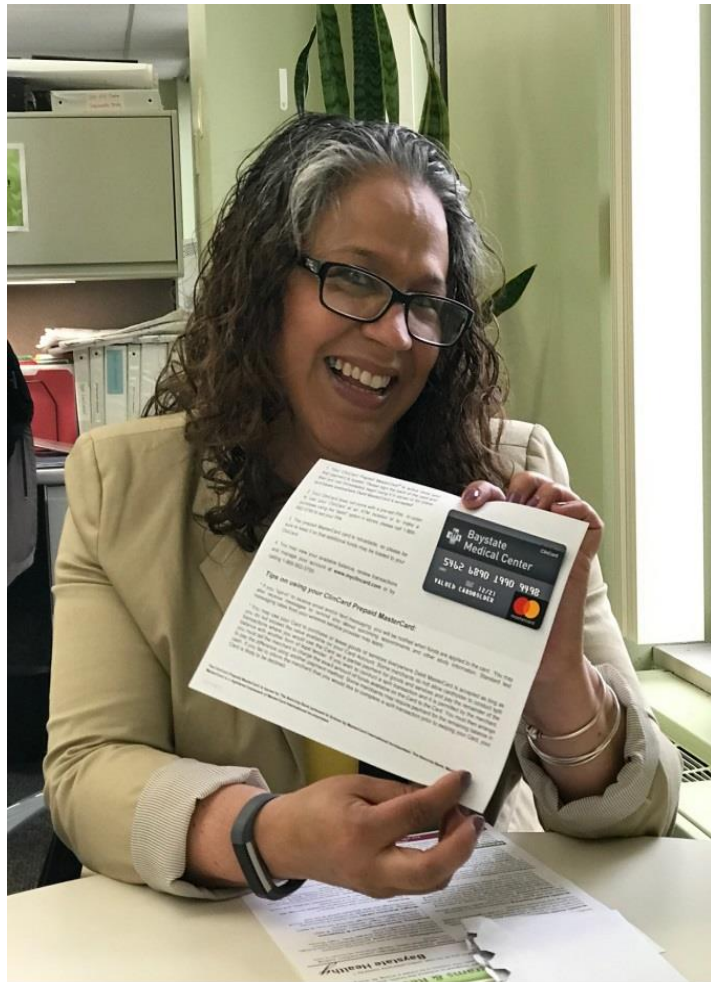


Congratulations Seleida Carrero – the March Baystate Healthy \$1,000 Raffle Winner!

Seleida Carrero, a Cardiology Patient Service Representative, was surprised and excited to learn she won the Baystate Healthy \$1,000 Raffle. “I’ve worked at Baystate for several years and every year I’ve been meaning to check out what Baystate Healthy has to offer. I was determined that 2019 would be the year.”

Seleida began the journey by completing the WebMD Health Questionnaire and was guided towards several programs that might be of interest to her. As a result, she joined The Invitational fitness challenge with a few of her colleagues.

“With or without the \$1,000 winning, the Baystate Healthy programs are a great benefit on their own! I plan to spread the word and encourage others to participate.”



Remember, you too can enter the Baystate Healthy \$1,000 Raffle! Each month, January through December, we have a \$1,000 VISA debit card to raffle off to a lucky winner. You have multiple chances to win, based on activities you participate in. Once you've earned raffle entries, they are automatically entered into each month's raffle drawing for you. Every 100 points = 1 Raffle Entry. [Learn more and get started now!](#)

To be eligible for MyHealth Rewards or Raffles, you must be “benefits-eligible”, which means you work full or part-time and are regularly scheduled to work 16 or more hours per week. (BHH employees 15 or more hours/week).

Baystate Health