

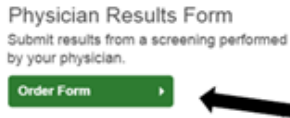
# Download

## Step 1

Go to your secure [Quest Diagnostics](#) portal to review and save your demographic information. Click *Save* to continue.

## Step 2

Select "Order Form"



## Step 3

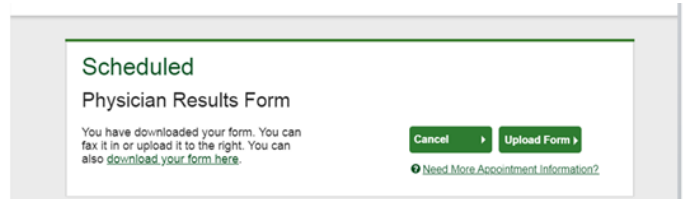
On the next page, select "Download Form" to access and print your form.



# Upload

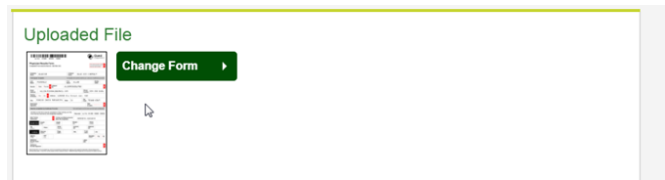
## Step 1

Once you have had your doctor complete and sign the form and you are ready to submit, go to your secure [Quest Diagnostics](#) portal. Select "Upload Form"



## Step 2

Browse your computer for your completed Physician Screening Results form. You will then see a preview of your form and can "Change Form" if you incorrectly attached the wrong file.



## Step 3

Validate your form by entering the measurements shown on you form. Then select the green "Submit" button.

**FAX** You may also choose to fax your form to 844-560-5221