



**Michele Bean**  
Insurance Analyst Clinical  
Safety, Risk Management

**Winner of the July  
\$1,000 Debit Card!**

**“As a Baystate Healthy  
Ambassador, I take pride  
in motivating my  
colleagues to get involved”**

“My department participates in Baystate Healthy programs as a team. Everyone needs time throughout the day to step away from their work and refresh their body and mind. We get together during staff meetings and break time to do the Baystate Healthy stretch videos. It is very helpful.”

## **MyRaffle Program 2019 - \$1,000 Monthly Raffle!**

Each month, January through December, we have a \$1,000 VISA debit card to raffle off to a lucky winner. You have multiple chances to win, based on activities you participate in. Once you've earned raffle entries, they are automatically entered into each month's raffle drawing for you. Every 100 points = 1 Raffle Entry.

[Learn more and get started now!](#)

*To be eligible for MyHealth Rewards or Raffles, you must be “benefits-eligible”, which means you work full or part-time and are regularly scheduled to work 16 or more hours per week. (BHH employees 15 or more hours/week).*

**Baystate Healthy**

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