Re-Energized! Restored! Reimbursed!

$150 Cash Back

Get Reimbursed for:

- Fitness Club Membership
- Aerobics, Zumba, Spinning, Kickboxing, Pilates
- Yoga, Tai Chi, Martial Arts
- Personal Fitness Training
- Mindfulness-Based Stress Reduction (MBSR) or the Mindfulness-Based Eating Course
- Online gym memberships and live online and streaming classes
- Transcendental Meditation Course (TM)
- Athletic Events
  - Runs & Races (i.e. 5K, 10K, marathons, triathlons, etc.)
  - Obstacle Races (i.e. Tough Mudder, Rugged Maniac, Warrior Dash, etc.)

Baystate Healthy

This is a medical plan benefit. It is available to employees enrolled in the BH-HNE medical plan. Programs must be taught by certified instructors. See reimbursement form on the following page.