




Re-Energized! Restored! Reimbursed! \$150 Cash Back

Get Reimbursed for:

- Fitness Club Membership
 - Aerobics, Zumba, Spinning, Kickboxing, Pilates
 - Yoga, Tai Chi, Martial Arts
 - Personal Fitness Training
 - Mindfulness-Based Stress Reduction (MBSR) or the Mindfulness-Based Eating Course
 - Online gym memberships and live online and streaming classes
 - Transcendental Meditation Course (TM)
 - Athletic Events
 - Runs & Races (i.e. 5K, 10K, marathons, triathlons, etc.)
 - Obstacle Races (i.e. Tough Mudder, Rugged Maniac, Warrior Dash, etc.)
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Baystate Health

[The Hub>BaystateHealthy>Fitness Nutrition Sleep](#)

*This is a medical plan benefit. It is available to employees enrolled in the **BH-HNE medical plan**. Programs must be taught by certified instructors. See reimbursement form on the following page.*