

Mountain View Farm CSA

A COMMUNITY SUPPORTED AGRICULTURE (CSA) FARM SERVING WESTERN MASSACHUSETTS AND NEW YORK CITY

Summer Farm Share Program June 2020 – October 2020

Your weekly distribution provides you with approximately **22 weeks** of seasonally available, certified organic produce that comes directly from the farm. The **“mix and match” system of distribution** ensures that you **receive a variety of produce**. See sample schedule below.



<u>Spring</u>		<u>Summer</u>		<u>Fall</u>	
Spinach	Peas	Green Garlic	Broccoli	Onions & Leeks	Collards
Lettuce	Broccoli	Eggplant	Peppers	Cauliflower	Potatoes
Scallions	Beets	Cucumbers	Cabbage	Sweet Potatoes	Turnips
Asian Greens	Kohlrabi	Summer squash	Carrots	Parsnips	Herbs
Herbs	Radishes	Tomatoes	Herbs	Flowers	Greens/Kale
Strawberries	Turnips	Cantaloupe	Flowers	Arugula	Baby Salad Mix
Bok Choy	Zucchini	Watermelon	Fennel	Garlic	Rutabagas
Chinese Cabbage	Kale	Green Onions	Mixed Greens	Carrots	Beets

Farm Share sizes :

Full Share: \$600 (\$27.27/week)-
Feeds 3-4 people per week or about 2 vegetarians. Size comparison: about 1 ¼ paper grocery bag.

Single/Couples: \$375 (\$17.05/week) - Feeds 1 - 2 people per week. Size comparison: about two thirds the size of the Full Share .

Payment Options:

- Option 1:** Pay by payroll deduction
- Option 2:** Pay by personal check

Pick-Up Location Information:

3664 Main St. Springfield, C Lot:
Thursdays between 12:30-5:30 p.m.

Mountain View Farm- 393 East St. Easthampton:
You can arrange to pick up your share at the farm if that is more convenient or if you miss your pick up at Baystate. Farm distribution Hours: Thursday and Friday from 1:00-6:30 pm or Saturday and Sunday from 10:00 am – 3:00 pm.

Enroll by May 29: You must complete the Summer Shareholder agreement by Friday, May 29, 2020. All payments are nonrefundable.